

# Janet Clare

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## Hen Tea Cosy

Hand and machine sewing with embroidered details  
Cosy measures 28 x 28 cm approx



### Requirements:

Fabric for front, back, linings 38 x 38 cm approx each

Embroidery silks

Two pieces Wadding/ batting 38 x 38 cm approx

Washable fabric marker

Scissors

Needles

Sewing thread

Sewing machine

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## Stitching Instructions

1. Cut fabric to size. Cut two rectangles, 38 x 38 cm approx for the front and back of the tea cosy. Then cut two rectangles the same size in wadding and then another two in your chosen lining fabric. The tea cosy fits my two person teapot.
2. Make pattern. Print out the hen drawing and using the dotted line as a guide, tape the pages together.
3. Prepare the embroidery. Using your water soluble fabric marker and drawing on the right side of your front fabric trace all the hen details. Now, place a piece of wadding behind the front fabric. You will be embroidering through this, which will add texture to the tea cosy and will also hide all your messy ends.
4. Embroider. Using running stitch and back stitch embroider your hen. I used all 6 strands of the embroidery silk. I also only embroidered one side of my tea cosy, but you can do both!



5. Remember! When making the back of the hen you need to reverse the pattern- so the heads will point in the same direction when sewn together.
6. Cut the hens out. When you have finished the embroidery cut round the hens leaving a quarter inch seam allowance all round.
7. Stitch the layers together. Place the rectangle of lining fabric right side up and then place the embroidered hen on top of it, right sides together. Stitch round the hen with a quarter inch seam allowance leaving the straight bottom open. Trim the lining fabric to size. Clip the curves and turn right side out. Repeat for the back of the hen.
8. Finish bottom edges. Fold inside and then press the flat bottom edges in place, turning them inside the hens as neatly as possible. Stitch these bottom edges closed on the machine.
9. Slipstitch together. Put your front hen and back hen together and slipstitch them together by hand. Remember to make your stitches invisible or at least worth seeing! This method allows for any slight differences in shape between your front and back hens so they will sit nicely together for you!

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10. Embroider crown. Using all 6 strands and a long length of embroidery silk, starting and ending with a knot make big loops at the top of the hens' head.
11. Put the kettle on. And make yourself a lovely, warm pot of tea!

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