

Janet Clare

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Penguin's appliqué picture

Machine piecing, fusible appliqué and hand quilting

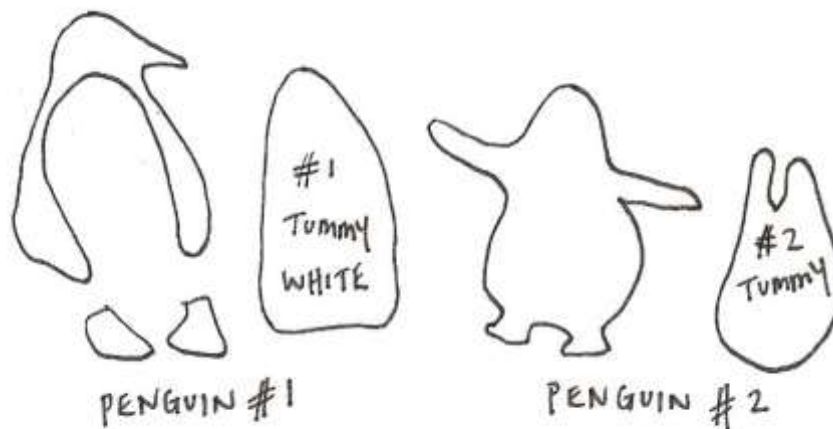
Finished picture measures 15 1/2 x 28 cm

Requirements:

8 x 25 1/2 cm striped grey- background
7 x 25 1/2 cm patterned grey- background
11 x 7 cm cream/ white- penguin tummies
22 x 11 cm black - penguins
15 1/2 x 28 cm wadding
5 x 80 cm striped strip- binding
Fusible web (Bondaweb)
Pencil
Washable fabric marker or similar
Neutral and black sewing thread
White quilting thread

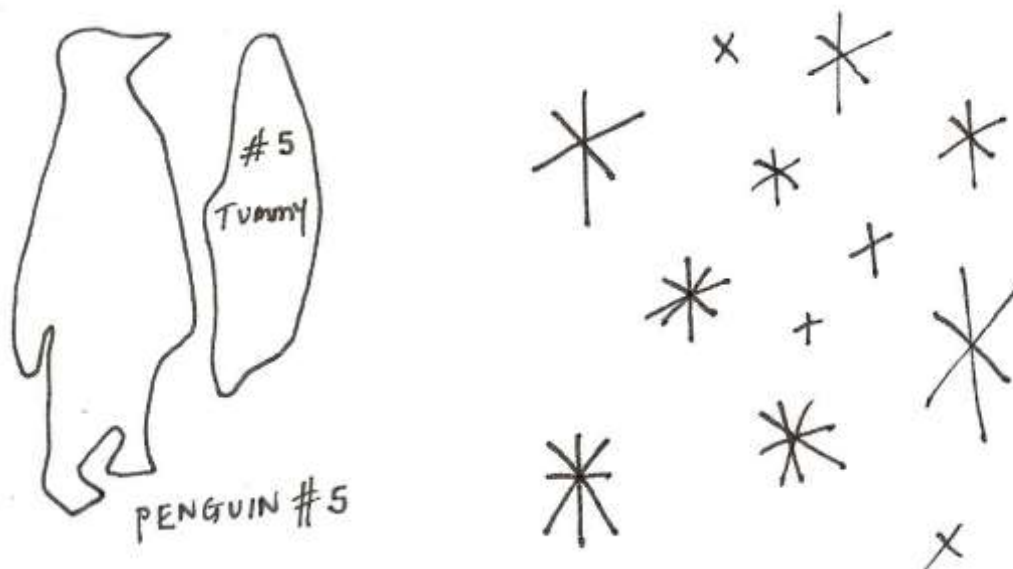
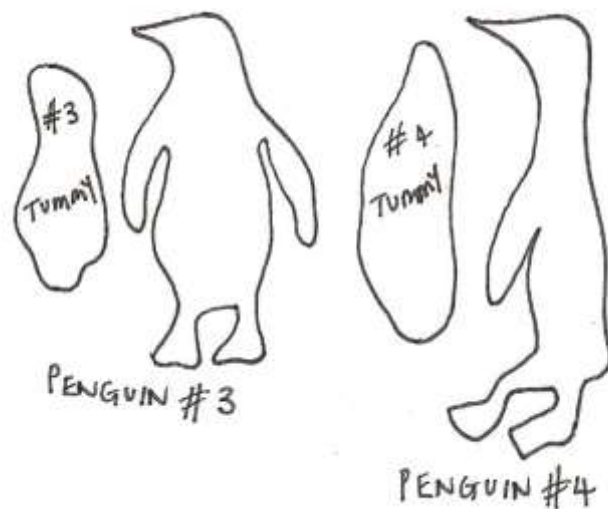
Instructions

1. **Let's begin:** Press all your fabric before you start and then cut to the correct sizes as listed. I often use the back of a fabric to help achieve my faded style. Cut all the fabric by eye - no rotary cutters - you want it to be charmingly wonky! My pattern is suitable for most types of appliqué- just remember to add seam allowances for needle turn methods.
2. **Machine piece background together:** With right sides together stitch along the longer edges. I used my sewing machine, but it wouldn't take long to hand sew either.
3. **Make the penguins.** Using the templates provided trace the penguin pieces onto the *paper* side of the fusible web. Cut out leaving a small allowance all round. Then carefully iron the fusible web to the reverse of your chosen fabrics. Cut again on your traced lines.



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- 4. Iron in place:** Take your pieced background and place your penguins where you want them. Take your time to get it exactly right and remember to layer the pieces so the bodies/wings are over or under the tummies as needed. When you are happy, peel off the paper backing on the fusible web and press in place.
- 5. Stitch the appliqué:** Place the wadding behind the background and then set your machine up for free motion quilting (lower the feed dogs and use a darning foot) and using a black thread draw round the penguins. This could also be done by hand if you prefer. Follow the tutorial in the 'Sewing tips' section of my website – www.janetclare.co.uk.

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6. **Hand quilt:** Quilt with big overlapping stitches to form snowflakes in white quilting thread. I just worked by eye, as marking the snowflakes up would have taken as long as stitching them!
7. **Add binding:** With the raw edges of the folded binding aligned with the raw edges of the quilt front, machine stitch in place using a 1/4 in seam allowance. Turn the binding to the reverse of the picture and slipstitch in place.
8. **Frame:** I cut a piece of artists mount board to fit into an A4 sized frame and then attached my appliqué picture to it by using 'Glue Lines' (from paper craft shops) across the top only. You could also sew your picture to a bag, or a cushion or leave out the binding stage and just use it as a quilt block.
9. **Show your picture off to everyone**– and *never* point out your mistakes!

You can find free patterns, sewing tips, my blog and shop at my website
www.janetclare.co.uk